

Eileen Travis, LCSW

Biography

Eileen Travis is the founder and Director of the New York City Lawyer Assistance Program of the New York City Bar Association (NYC LAP). NYC LAP is a free and confidential resource for legal professionals and their families. Established in 1999, the program provides assistance to attorneys, judges, law students and their family members whose personal and professional lives are effected by problems with alcohol and/or drugs; depression, anxiety, stress and burnout; gambling, eating disorders, anger management: personal, family and marital problems, issues of aging and care giving and career transition.

NYC LAP provides consultation, evaluation and assessment, short term supportive counseling, intervention and educational presentations to the Bar and Bench and law schools.

Eileen is a New York State Licensed Clinical Social Worker and holds a Master's Degree in Social Work from Adelphi University, Garden City New York. She has worked in the addiction and mental health field for thirty years.

Eileen has extensive experience developing programs for community-based agencies and hospitals, including Assistance Programs for medical staff and legal professionals. She also maintains a private psychotherapy practice for individuals and families.

In 1999, Eileen was appointed to the NYS Commission on Alcohol and Substance Abuse in the Profession and in 2001, as a Trustee to the Board of the New York State Lawyer Assistance Trust by Chief Judge Judith Kaye.

In 2016, Eileen was honored by the Suffolk County Bar Association as a recipient of the Sweisgood Award and by the Caron Foundation where she received the 2016 New York City Community Service Award. Both awards are in recognition of her commitment to provide vital services to the legal profession in New York.